

## A Short List of Social-Emotional Development Resources for Teachers & Service Providers of Young Children

### The Incredible Years

This series features three comprehensive, multi-faceted, and developmentally based curricula for parents, teachers, and children. The program is designed to promote emotional and social competence and to prevent, reduce, and treat behavioral and emotional problems in young children (2 to 8 years old). The aim of the teacher, parent, and child training programs is to prevent and reduce the occurrence of aggressive and oppositional behavior, thus reducing the chance of developing later delinquent behaviors. **Research supports the effectiveness of this program**, with its “school and home” focus. To learn more, visit [www.incredibleyears.com](http://www.incredibleyears.com) and <http://modelprograms.samhsa.gov/print.cfm?pkProgramid=29>

### Skillstreaming in Early Childhood, Revised Edition

Complete package includes the book (same title), program forms booklet, and skill cards box. *Skillstreaming* is designed to teach prosocial skills to preschool and kindergarten children. The *Skillstreaming* approach utilizes modeling, role playing, performance feedback, and transfer training/practice. The book covers 40 prosocial skills that are divided into six areas: Beginning Social Skills, School-Related Skills, Friendship-Making Skills, Dealing with Feelings, Alternatives to Aggression, and Dealing with Stress. Includes strategies for managing problem behaviors and for building positive relationships with parents. Can be used in small groups or whole class. Also available as elementary school level edition. Ordering info: <http://www.researchpress.com/product/item/5180/>

### Center for the Social & Emotional Foundations for Early Learning <http://www.csefel.uiuc.edu/>

CSEFEL is a national center focused on strengthening the capacity of teachers/providers to improve the social and emotional outcomes of young children. It develops and disseminates **evidence-based practices** & user-friendly information to help early childhood educators meet the needs of the growing number of children with challenging behaviors and mental health challenges. Resources and training modules are available at their site. Their companion federally-funded project of the same focus can be accessed at: [www.challengingbehaviors.com](http://www.challengingbehaviors.com)

### Moozie

CESA 11 Head Start recommends “Moozie”, an online resource they use in their three year old classrooms. Moozie's Kindness Curriculum, developed by Dr. Judy Herr, et.al. of UW-Stout, is designed to promote pro-social behavior in children ages 3-5 years old. The primary objective of the curriculum is for children to develop respect for themselves, other people, animals, and their environment. Moozie is the kindness cow (how culturally appropriate for Wisconsin!) and is the ambassador for the Children's Kindness Network: <http://www.ckn-usa.org/>

### Second Step

This is another resource recommended by CESA #11Head Start (and one that the Eau Claire 4K community program is exploring). The *Second Step* program, for preschool/kindergarten thru grade 9, teaches social and emotional skills for violence prevention. The program includes research-based, teacher-friendly curricula, training for educators, and parent-education components. Skill areas addressed include: Empathy, Impulse Control, Anger Management and Problem Solving. Complete kit for preschool/kindergarten - \$279. Sponsored by the Committee for Children: <http://www.cfchildren.org/ssf/ssf/ssindex/>

### (The Devereux Early Childhood Assessment) DECA Program

The DECA is a strength-based system designed to promote resiliency in children ages 2 through 5 years, targeting the “with-in child” protective factors of Initiation, Self-Control, and Attachment. The program includes group and individual screening/assessment options, a strong family involvement component, and practical classroom strategies to build on individual children's social strengths. The DECA was developed for use with all children within this age group, including children with identified disabilities. The DECA is flexible and compatible with all developmentally appropriate curricula. Also available is the DECA-C, a standardized evaluation tool, appropriate for use in the IEP eligibility process. Ordering information for the DECA and DECA-C: Kaplan Early Learning Company [www.Kaplanco.com](http://www.Kaplanco.com) Wisconsin DECA Program Mentors: Nancy Pfankuch, CESA 7 & 8 Early Education Program Support, [npfankuch@wi.rr.com](mailto:npfankuch@wi.rr.com) and Gaye Tylka, CESA #4 Early Education Director, (608) 786-4844; [gtylka@cesa4.k12.wi.us](mailto:gtylka@cesa4.k12.wi.us) For more information on the DECA and its development: [www.devereuxearlychildhood.org](http://www.devereuxearlychildhood.org)

### **ASSETS Training**

This is a 5-step systematic approach to addressing challenging behaviors using a Functional Behavioral Assessment (FBA) approach. Participants receive 4 in-depth training days (at your site) throughout the school year provided by CESA #12. Contact Sue Kovach [suek@cesa12.k12.wi.us](mailto:suek@cesa12.k12.wi.us) or Joan Kiewit [joank@cesa12.k12.wi.us](mailto:joank@cesa12.k12.wi.us) (715) 682-2363 for more information.

### **Ages & Stages: Social-Emotional**

This is a parent-completed, child monitoring system for social-emotional behaviors. It is a series of 8 questionnaires, with 3-6 month intervals, for children 6 months to 5 years. By reviewing the results, professionals can identify young children at risk for social or emotional difficulties, identify behaviors of concern to caregivers, and identify need for further assessment. The complete kit comes in one box which contains a User's Guide –which contains a Social-Emotional Development Continuum & Activities Guide – and reproducible questionnaires. Available at: <http://www.brookespublishing.com/store/books/squires-asqse/index.htm>

### **Social & Emotional Development of Infants & Toddlers Video Series**

3 videos intended for staff development (parent education?) and based on the research cited in *From Neurons to Neighborhoods: The Science of Early Childhood Development*. : #1 – Communication & Learning; #2 – Making Friends & Getting Along with Peers; #3 – Acquiring Self-Regulation. All videos are 20-22 minutes in length and can be ordered separately or as a package from NAEYC (\$46 each or \$135 all 3 – members receive discount). [www.naeyc.org/shoppingcart](http://www.naeyc.org/shoppingcart) Item #s are: Video #1 - #816; Video #2 - #817; Video #3 - #825; total package - #826. Order toll free at **800-424-2460**.

### **The Power of Guidance – Teaching Social-Emotional Skills in Early Childhood Classrooms**

Excellent resource for teachers of 3 -8 year old children by Dan Gartrell. Available thru NAEYC, Stock # 133, \$18 per copy.

<http://www.naeyc.org/shoppingcart/default.aspx?Category=CBOOK&SText=Power%20of%20Guidance>